

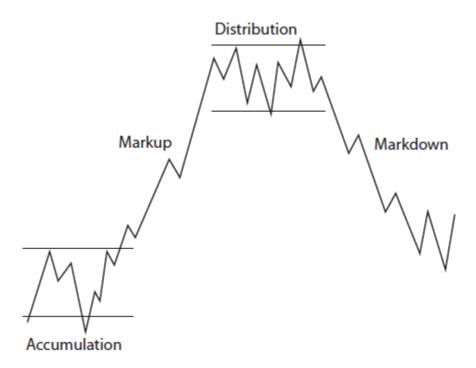
# Trading Market Cycles

# Market Cycles

- The Wyckoff Cycle
- Behavioral and Psychological Cycles
- Cycles in prices
- Cycles in volatility
- Cycles in equilibrium/disequilibrium



# The Wyckoff Cycle





# The Wyckoff Cycle

#### Accumulation

- Smart money buys without lifting prices
- Look for possible failure tests below support

### Uptrend

- At some point, the public catches on and buys
- Smart money sells to the public
- There are common structures in trends

#### Distribution

- Trend ends and smart money finishes selling
- Public still optimistic
- Look for failure tests above resistance

#### Downtrend

- Public still behind the curve, but eventually they panic
- And that panic ends the trend



# Applying the Wyckoff Cycle

- Not always possible to tell accumulation from distribution.
- The cycle is a highly simplified market model.
  - Reality is much more complicated.
  - Anything can happen at any time.
  - If there is an underlying structure, it is often hidden behind random noise.
  - Difficult to tell where Acc/Dist end
  - Accumulation does not always lead to uptrend, etc.
- Very difficult to find idealized examples in real market data, so it has limited utility as a trading structure.
- What can the cycle teach us, then?

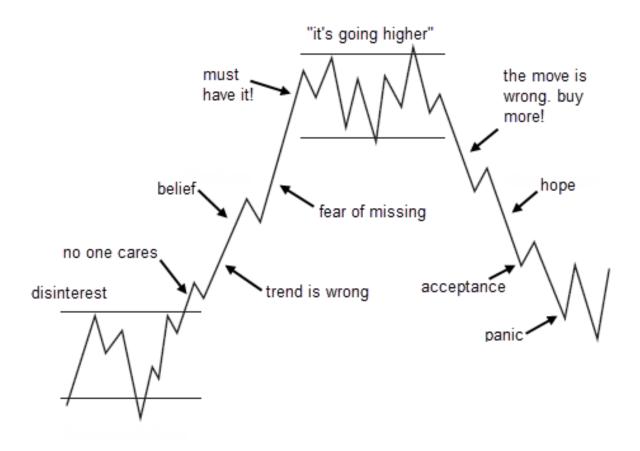


### Lessons of the Wyckoff Cycle

- Price movements are driven by interaction of supply and demand.
- Evaluating price action can give insights into the balance of supply and demand.
- It is useful to think of the market in simplified groups of participants, their actions, and effects on prices.
  - Insiders (smart money)
  - Public (emotional?)
- There is a psychological aspect to market structure.
- Markets alternate between trends and trading ranges



# Behavioral Cycles





# Psychological Aspects

- Price movements are interpreted through the filter of human experience and emotion.
- Human behavior is more predictable in aggregate (crowds) than individuals.
- The market has evolved to encourage individuals to do the wrong things at the wrong time.
- Psychological dynamics alternate between extremes of fear and greed.
- Market moves are often driven by trapped market participants.
  - You can be trapped out of a move as effectively as in.
  - Panic and fear of missing a move can be real motivators.
- People have made the same mistakes for a long time.
- Crowd psychology can reach extremes.

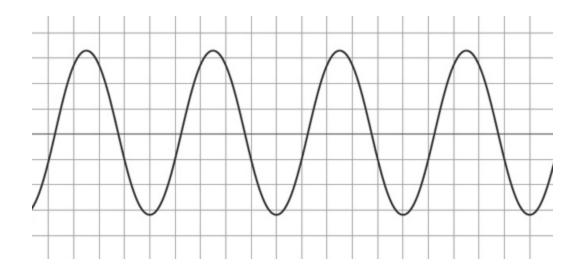


### "Risk On / Risk Off"

- Theory that says price movements are driven by investors' risk tolerance.
- During periods of risk on, investors seek "risky" assets. Money flows to "safe" assets during risk off.
- A methodology that works well to explain price movements after the fact, but harder to apply in real time.
- Probably most useful when looking at global markets across multiple asset classes.



# Price Cycles





# Price Cycles

- Can find with complex signal processing tools.
- Can also find by counting periods between highs and lows on charts.
- Cycles can be ephemeral. They shift, abort into trends, change periods, etc.
- Just because you can see it, don't assume you could have traded it.
- Consider the dampening effect of natural buying and selling on a visible cycle.
- Market dynamics will work to erode simple cycles.



# Volatility Cycles

- What is volatility?
  - Measure of uncertainty
  - Used as a measure of risk, but...
  - "How prices move around"
  - Can be traded via options and other derivatives
- How to measure it?
  - Relationship of price movement to time
    - Implied volatility: reflection of supply/demand in options.
    - Historical (realized) volatility: usually calculated as the standard deviation of returns.
    - Range-based methods: averages of the range covered during a fixed time period.



# Volatility Cycles

- There are more predictable cycles in volatility than in price.
- Volatility tends to be mean-reverting in the shortterm (i.e., comes back to an average price) and to show some trending behavior in the long-term.
- There exists no mechanism to dampen swings and cycles in volatility as there does in prices.



# Volatility Cycles

### Volatility clustering

- Volatile moments in markets tend to be followed by other volatile moments.
- Think of the effect of rocks randomly thrown into a pond. Splash and decay.
- This is modeled quantitatively via models (EGARCH, etc.) that assume random price shocks that decay over time.

### Volatility contraction

- Leads to a period with strong directional tendencies.
- Volatility expansion
  - Naturally follows contraction (mean-reverting?)
  - Can reach extremes and climaxes



# Volatility Clustering





# Volatility Cycles (10 day ATR)





### Volatility Contraction on Charts



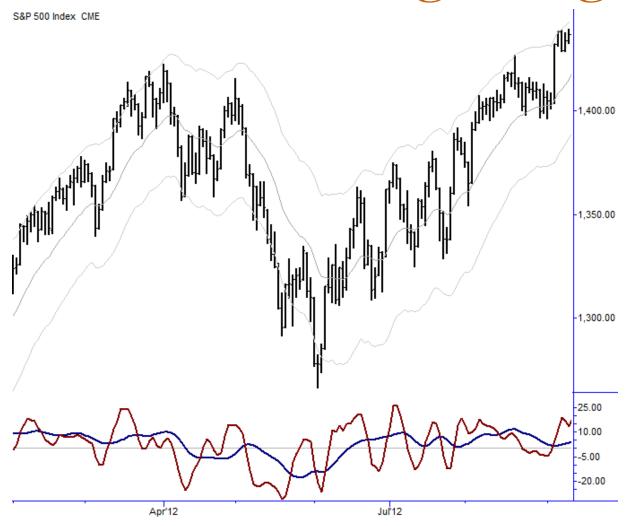


## The Cycle that Matters Most

- Markets alternate between periods of trend and trading range.
- Trends
  - Directional movement
  - Driven by supply/demand imbalance
  - Disagreement
  - Volatility expansion
  - Basic structure: ABC
- Ranges
  - Sideways movement
  - Suggests equilibrium
  - Agreement
  - Volatility contraction
  - Basic structure: support/resistance holding

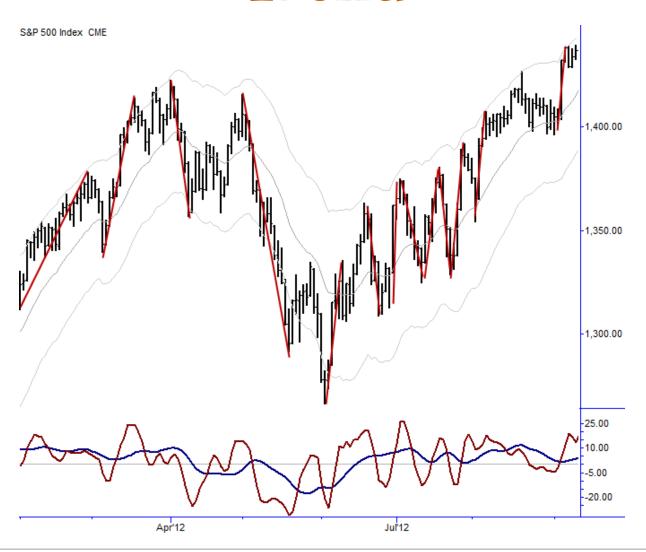


# Trend / Trading Range



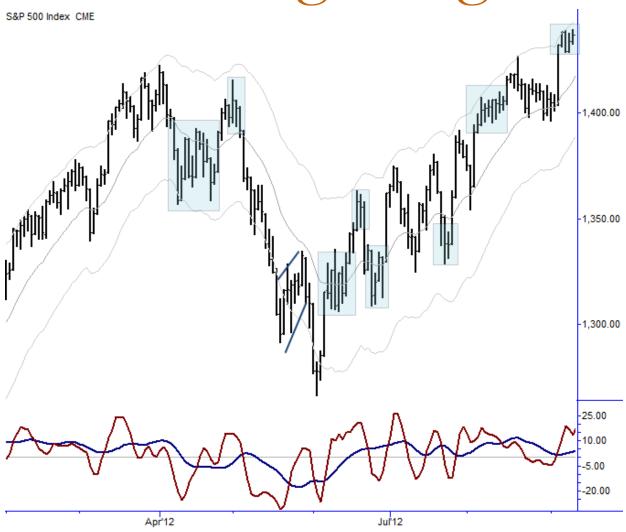


### Trend





# Trading Range



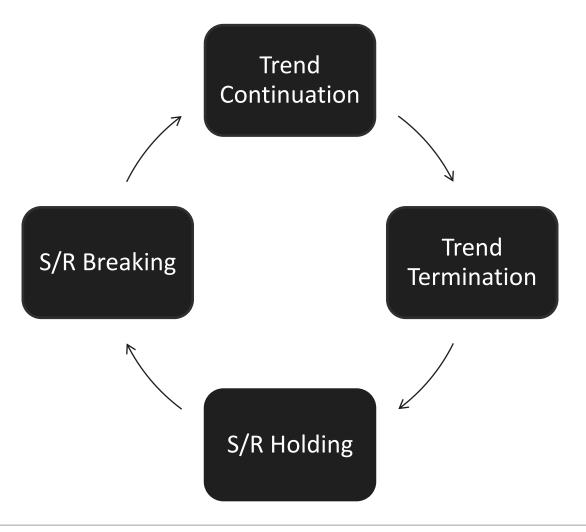


# The Four Trade Types: Trading the Cycle

- Trend Continuation
  - Identify a trend and look to position with the trend
- Trend Termination
  - Identify a trend that may be ending and look to take a position against the trend
- Support/Resistance Breaking
  - Identify a range and look to trade breaks of the confines of the range
- Support/Resistance Holding
  - Identify a range and look to trade tests of the confines of the range

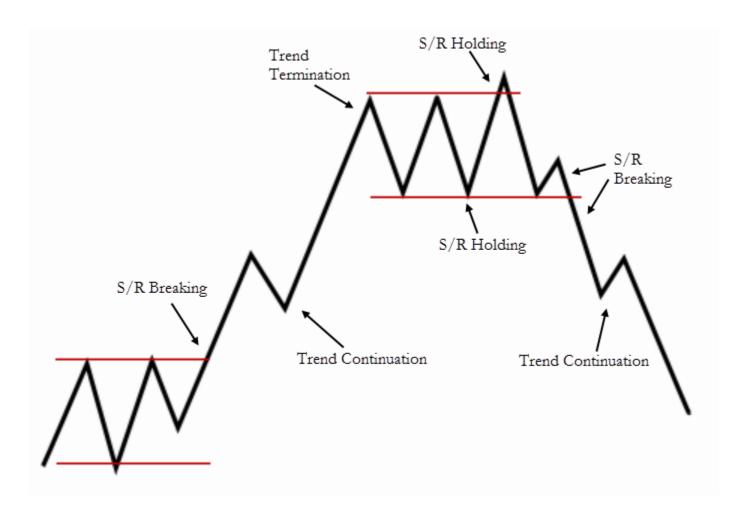


# Trading the Cycle





# Trading the Cycle





### Review

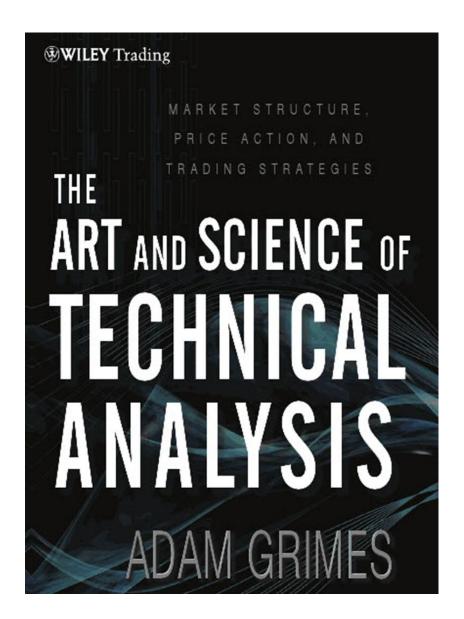
- The Wyckoff Cycle
- Behavioral and Psychological Cycles
- Cycles in prices and volatility
- Trend/Trading Range
- The Four Trade Types
  - Trend Continuation
  - Trend Termination
  - S/R Holding
  - S/R Breaking



# Waverly Advisors' Research

- Tactical commentary highlighting potential extremes.
- Specific trade entries in climaxes.
- Using climaxes as a filter to avoid lower-probability with-trend trades.
- Specific stock screens published daily:
  - Consecutive closes
  - Extremes
  - Big Movers
  - Historical Big Movers (published weekly)







### Waverly Advisors, LLC: Research Products

### Tactical Playbook – Available on Interactive Brokers

- Written for the active trader on the daily/weekly timeframes
- Exact trade recommendations
  - Hybrid systematic-discretionary methodology
- In-depth technical "drill down" into a set of markets.
- Bigger-picture overview of all liquid asset classes.

### Tactical Portfolio Outlook – Available on Interactive Brokers

- Written for the longer-term manager
  - Addresses both the allocator and the longer-term active trader.
- Emphasis on executing with ETFs in a long-only and long-short environment
- Focus on Equities, Equity Sectors, and other asset classes
- Macro perspective on risk factors and major economic events.

### **Options Market Outlook** – Contact Waverly Directly

- Proprietary, quantitative analysis of options market
- Incorporates both volatility and directional analysis
- Macro risk factors and cross-asset perspective
- Actionable trade ideas



### Contact:



Waverly Advisors 228 Cedar Street Corning, NY 14830

(607) 684-5300

www.waverlyadvisors.com info@waverlyadvisors.com

#### **Adam Grimes**

CIO, Quantitative Analysis, Risk Management grimes@waverlyadvisors.com

#### **Andrew Barber**

CEO, Macroeconomic Analysis barber@waverlyadvisors.com

#### Damon Krytzer, CFA

Managing Director, Portfolio Construction & Management krytzer@waverlyadvisors.com

#### **Chris Noye**

Managing Director, Head of Sales noye@waverlyadvisors.com

