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# Sheridan Options Mentoring

## Trading Vertical Credit Spreads In A Volatile Market

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As with all investments, your capital is at risk

# *Sheridan Risk Management*



# *“Credit Spreads In a Volatile Market”*

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# Characteristics of Credit Spreads when VIX is Higher?

- More room on Credit Spreads
- Bigger Credits
- Market Direction is in a short term Down trend

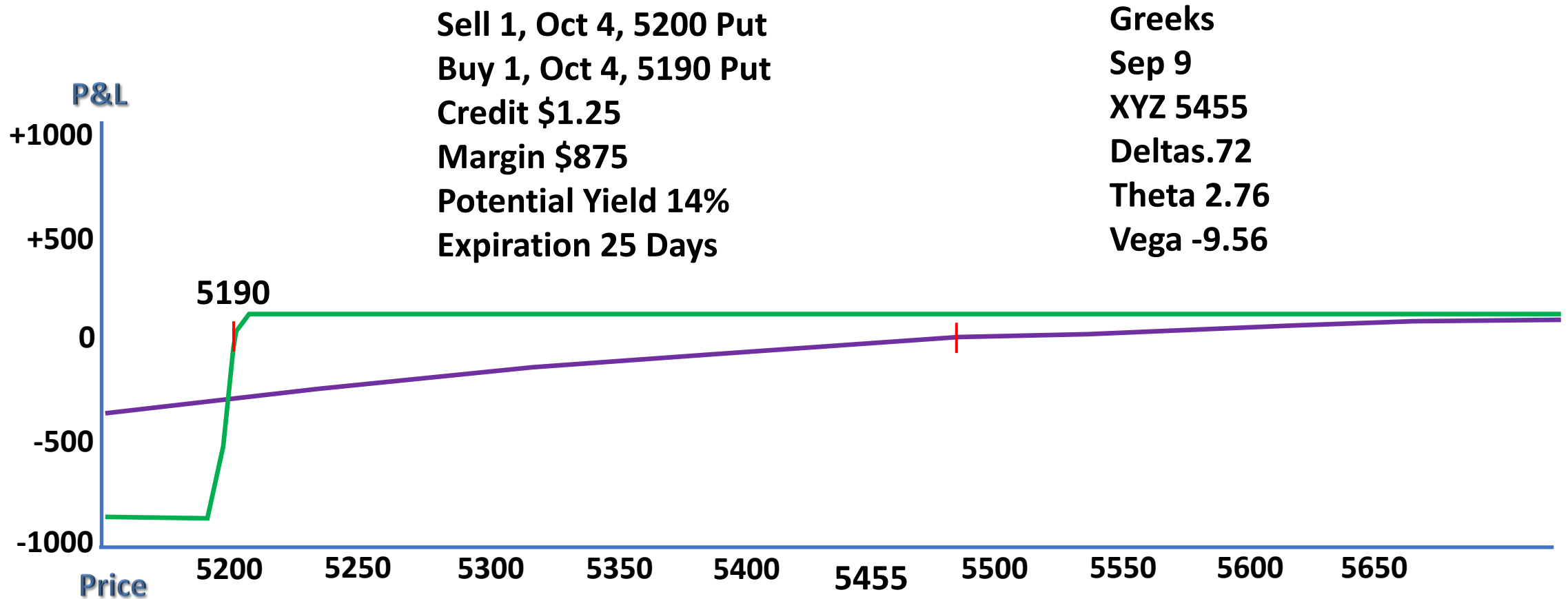
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# Call or Put Credit Spreads when VIX is Higher?

- Call Credit Spreads
- Duration?
- Strikes?
- Scaling?
- Risk Management and Adjustments?
- Entry and Exit?
- Size?

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# XYZ Sep 9 with XYZ at 5455 and VIX 20.85



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