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# CME Group Tailoring Index Futures and Options to Any Market Outlook

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# Tailoring Index Futures and Options to Any Market Outlook





#### **Agenda**

- 1. Introductions
- 2. Understanding Index Futures
- 3. Exploring Options on Index Futures
- 4. Futures and Options Real-Time Applications
- 5. Questions & Answers



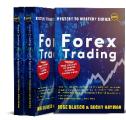
#### Introduction

#### Traddictiv Pte. Ltd.

is a trading technology company that provides intelligent tools for traders, investors and hedgers. They also offer education for everyone from the hobbyist to the professional, always along with their patented and easy-to-use trading technology.

#### Jose Blasco

is a versatile multi-asset trader with expertise in options, equities, futures, and currencies. As the Principal of Traddictiv PTE. LTD., he develops advanced trading technology and implements diverse strategies across global markets. With accolades as an award-winning instructor, published author, and former engineering professor, Jose regularly appears in in-person and online events, sharing his knowledge, experience, and passion for trading and technology with others. His multilingual skills keep him connected to international markets, providing a global perspective for his trading endeavors.



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#### **Index Futures**

#### 8 Groups:

Futures Markets can be classified in 8 groups, today we will be focusing on Indices: **Index Futures and Options in Index Futures** 

- 1. Currencies Contracts deriving their value from currencies or cryptos
- 2. Energies Contracts deriving their value from products such as oil, gas, etc.
- 3. Financials Contracts deriving their value from treasury notes, bonds, etc.
- **4. Grains** Contracts deriving their value from agricultural products
- 5. Indices Contracts deriving their value from various Market Indices
- **6. Meats** Contracts deriving their value from meat and dairy products
- 7. Metals Contracts deriving their value from precious metals
- **8. Softs** Contracts deriving their value from grown products



#### **Futures/Options = Contracts**

#### **Contracts**:

- Is the "thing" that is either bought or sold when trading Futures
- Similar to Shares when trading Stocks, but only involves ownership/delivery on a Future date, hence its name
- The price of such contracts derive from an underlying asset which could be deliverable or not (Gold is deliverable, while S&P500 cannot be and in such case, S&P contracts are cash settled)
- Represent a large amount and are traded on Leverage

#### **E-minis** and **Micro E-minis**:

- Are contracts of a smaller size
- Very popular amongst retail traders (including small accounts)

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#### **Contract Specifications**

Market	Root	Expirations	Tick	Tick Value	Closed	Hours*
S&P <sup>500</sup>	ES	H, M, U, Z	0.25	\$12.5	<b>1</b> <sup>h/d</sup>	6-5p
NASDAQ <sup>100</sup>	NQ	H, M, U, Z	0.25	\$5	1 <sup>h/d</sup>	6-5p

<sup>\*</sup>Times are expressed as US EST (New York Time)





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#### E-mini and Micro E-mini

#### **Micro E-minis Market Roots:**

Underlying	E-mini Root	Micro Root	mF	Mv
S&P <sup>500</sup>	ES	MES	0.25	\$1.25
NASDAQ <sup>100</sup>	NQ	MNQ	0.25	\$0.50

<sup>\*</sup>Micro E-minis are 1/10<sup>th</sup> of the E-minis Size

mF = minimum fluctuation

Mv = multiplier value

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#### Margins

#### **Current Requirements:**

Underlying	E-mini Margin	Micro Margin
S&P <sup>500</sup>	\$11,500	\$1,150
NASDAQ <sup>100</sup>	\$21,600	\$2,160

<sup>\*</sup>Margin values have been rounded for simplicity.

https://www.interactivebrokers.com/en/trading/margin-futures-fops.php

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<sup>\*</sup>Margins change from time to time based on volatility conditions.

<sup>\*</sup>Check the updated values here:

#### **Index Futures Liquidity**

Micro E-mini S&P 500 Futures

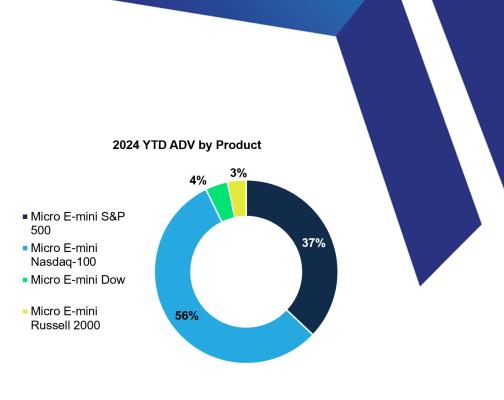
**1B** contracts Milestone on August 23, 2023

**860K** contracts traded daily on average in 1H 2024

Micro E-mini Nasdaq-100 Futures

**1B** contracts Milestone on September 13, 2023

**1.3M** contracts traded daily on average in 1H 2024



Source: CME Group

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#### **Options on Futures**

Options on futures are like holding a ticket to buy or sell something later, but with the option to back out.

Imagine you're at a pizza place, and you pay a small fee to reserve the right to buy a pizza next week at today's price. If the price of pizza goes up next week, you can use your ticket to get the pizza at the cheaper price, and you've got a good deal! But if the price stays the same or drops, you can skip the pizza and all you lose is that small reservation fee. It's like giving yourself a "maybe I will, maybe I won't" choice on a future deal!



#### **Options Give Options**

Apart from exploiting the right to buy (Calls), we could also exploit the right to sell (Puts). Combining Options Contracts (Spreads) is a very common and a very efficient was on how to adapt to market conditions.

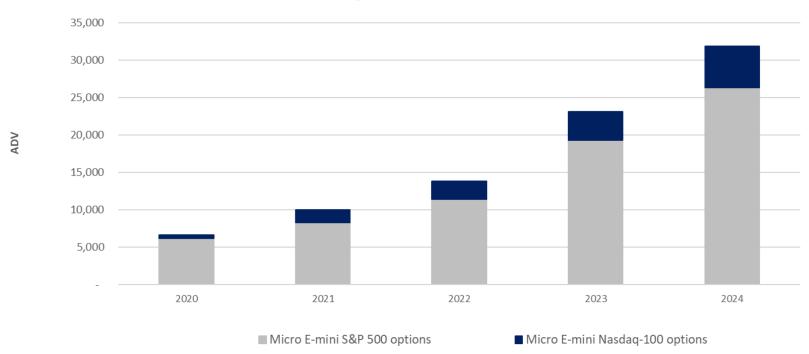
It's like going to the pizza place and buying tickets to both buy and sell pizzas, just in case prices go crazy. This way, no matter what happens, you have a strategy to either enjoy a great deal, protect yourself from losses, or even make a profit from the swings in pizza prices!

These combinations can get pretty creative, kind of like ordering a half-and-half pizza with extra toppings—each combination is designed to suit different tastes and protect against different price changes.



#### **Options Liquidity**





Source: CME Group

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#### **Defining Your Outlook**

We have learned about how versatile Index Futures and Options on Index Futures are.

Before taking action and executing a trade:

- Traders and investors must identify the current market condition (we will call this step, Step 1)
- Traders and investors must define their entries and exits (we will call this step, Step 2)



#### Step 1

## Should I be a Buyer or a Seller? Is it time to trade directionally or non-directionally?

There are many ways on how to carry this analysis out. Here are a few examples:

Moving Averages | MACD | Volume Analysis | Trendlines/Channels | Elliott Wave Theory | ADX (Average Directional Index) / DMI | Ichimoku Cloud | Parabolic SAR (Stop and Reverse) | Economic Indicators | Market Breadth Indicators | Divergence Analysis | Seasonal Trends | Etc.

Let's apply some of these techniques to ES/NQ and Options on ES/NQ



#### **Charts**

#### We will use TradingView connected to IBKR

1.
Click on the
TradingView
Trading Panel

Trading Panel

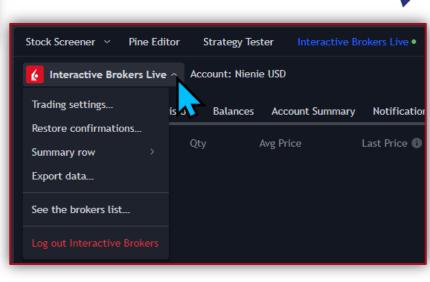
Enter your
Credentials
and Verify
your Identity



2. Select Interactive Brokers



The Trading Panel has now changed to Interactive Brokers Live





#### Step 2

# What is potentially an ideal Buying Price or Selling Price? What is potentially a realistic Trading Range?

There are many ways on how to carry this analysis out. Here are a few examples:

Support and Resistance Levels | Fibonacci Retracement Levels | Swing Highs/Lows | Pivot Points | Psychological Levels | Breakouts/Breakdowns | Trendline Breaks | Candlestick Patterns | Chart Patterns | Moving Average | MACD Crossovers | Stochastic Oscillator Crosses | Oscillators Overbought/sold Conditions | Bollinger Band Bounces | Gap Trading | Etc.

#### Let's apply some of these techniques to ES/NQ and Options on ES/NQ



#### **Risk Management**

#### **Importance of Risk Management**

- Protecting Your Capital: The primary goal of risk management is to protect your trading capital from significant losses.
- Ensuring Long-Term Success: Effective risk management helps in sustaining trading activities over the long term by minimizing potential losses.
- Mitigating Emotional Trading: Having a risk management plan reduces the impact of emotions on trading decisions, leading to more rational and calculated actions.
- Convenience of Micro Contracts: Using Micro futures contracts allows traders to manage position sizes more precisely, reducing risk and making futures trading more accessible for smaller accounts.



#### **Additional Resources**

Eager for some more food for thought?

#### **TRADINGVIEW**

- Read more on TradingView: www.tradingview.com/u/traddictiv
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#### **YOUTUBE**

- Join our YouTube Channel: <u>www.youtube.com/@tradewithufos</u>
- Watch CME Futures video-lessons



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